

# NEWSLETTER

## Who are Scarborough FAST?

Scarborough FAST is a social group run on a voluntary basis by parents of children on the autistic spectrum. By organising social events and outings, we aim to help those on the spectrum to make friends and feel comfortable participating in social events within an understanding group of others in a similar situation. Most of our events are for the whole family, also giving parents, carers and siblings a chance to support each other by sharing experiences and information. We aim to make our events accessible to everyone. If you feel unable to access any of our events due to cost or if you require transportation, do contact us and we will try to help out.

## North Bay Railway Santa Special (train exclusively for FAST) Saturday 2nd December - train leaves at 5pm

North Bay Railways have very kindly offered FAST a Santa Special trip just for families of children on the Autistic Spectrum. Ticket cost is £2.50 (subsidised by FAST) per person, which includes:

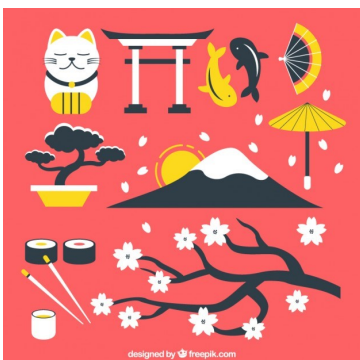
- Return train ride from Peasholm Park Station (opposite Glasshouse Café) to Scalby Mills.
- Visit to Santa's Grotto (postbox also available for letters to Santa)
- Gift from Santa
- Festive drink for accompanying parents/carers (and soft drink and snack for older siblings who do not wish to visit Santa)



Spaces are limited so you will need to book tickets. Email [events@scarboroughfast.co.uk](mailto:events@scarboroughfast.co.uk) for a booking form or if you have any questions. To see a video of the Santa Special go to <http://www.nbr.org.uk>

## Japan Party - 16<sup>th</sup> December 1-3pm 12 Falsgrave Rd

Many of the teens in FAST love Japanese culture and have suggested we host an event with a Japanese theme. As the Christmas Santa train will be more popular with younger members, this will give the others a chance to meet up too. There will be a Japanese film showing, some origami and food-based activities, and plenty of food and drink too! If anyone has ideas for activities to include, please email them in ([events@scarboroughfast.co.uk](mailto:events@scarboroughfast.co.uk)). More news on this nearer the time.



## Christmas Panto

We will not be arranging a specific trip to a panto, but some FAST members may like to attend the following Christmas shows (some have relaxed viewings):

### [A Christmas Carol at the Stephen Joseph Theatre](#)

Open Captioned: Fri 29 Dec 5.30pm  
Audio Described: Sat 2 Dec 2.00pm  
Relaxed: Thu 14 Dec 10.00am  
Sign Language Interpreted Performance:  
Wed 27 Dec 5.30pm

### [Aladdin Pantomime at YMCA](#)

Tue 26 Dec 2017 - Sat 6 Jan 2018, £7-£10  
(no specific relaxed show)

### [Jack and the Beanstalk - Scarborough Spa](#)

9 Dec 2017 to 1 Jan 2018

#### **Ticket Prices:**

**Adults:** £15.50

**Concessions:** £14.50

**Children:** £10.50

**Family Tickets:** £42 (4) £48 (5)

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## Upcoming events

We are planning a few events in the New Year, including bowling at Olympia Leisure and breakfast at Stepney Farm. More about those in the next newsletter. We hope to see you at an event soon. Have a great Christmas!

